

Burger King Corp. Product List – Nutrition Information

Meal Combination	Calories (kcal)	Saturated Fat (% of kcal)	Sodium (mg)	Added Sugars (g)	Nutrient Components to Encourage
Kid's Hamburger + Mott's Apple Sauce + Fat-free Milk	410	8.8	540	6	• 1 serving meat • 1 serving fruit • 1 serving dairy • 25% DV Calcium
4pc Chicken Nuggets + Mott's Apple Sauce + Fat- free Milk	370	6.1	540	0	• ½ serving of meat • 1 serving of fruit • 1 serving of dairy • 25% DV Calcium