

## Burger King Corp. Product List – Nutrition Information

Meal Combination	Calories (kcal)	Saturated Fat (% of kcal)	Sodium (mg)	Added Sugars (g)	Nutrient Components to Encourage
Hamburger + Mott's Apple Sauce + Fat-free Milk	390	9.2	685	6	<ul style="list-style-type: none"> <li>• 1 serving fruit</li> <li>• 1 serving dairy</li> <li>• 25% DV calcium</li> </ul>
4Pc Chicken Nuggets + Mott's Apple Sauce + Honest Kids Juice Drink	275	8.2	500	0	<ul style="list-style-type: none"> <li>• 2 servings fruit</li> <li>• 70% DV vitamin C</li> </ul>
Hamburger + French Fries + Mott's Apple Sauce + Fat-free Milk	550	8.2	660	6	<ul style="list-style-type: none"> <li>• 1 serving of meat</li> <li>• 1 serving of dairy</li> <li>• 25% DV Calcium</li> </ul>
4pc Chicken Nuggets + French Fries + Mott's Apple Sauce + Fat-free Milk	500	5.4	690	6	<ul style="list-style-type: none"> <li>• ½ serving of meat</li> <li>• ½ serving of fruit</li> <li>• 1 serving dairy</li> <li>• 25% DV Calcium</li> </ul>