

## Burger King Corp. Product List – Nutrition Information

| Meal Combination                                                               | Calories<br>(kcal) | Saturated<br>Fat<br>(% of kcal) | Sodium<br>(mg) | Added<br>Sugars<br>(g) | Nutrient Components to<br>Encourage                                                                                  |
|--------------------------------------------------------------------------------|--------------------|---------------------------------|----------------|------------------------|----------------------------------------------------------------------------------------------------------------------|
| Hamburger + Mott's<br>Apple Sauce + Fat-<br>free Milk                          | 390                | 9.2                             | 685            | 6                      | <ul style="list-style-type: none"><li>• 1 serving fruit</li><li>• 1 serving dairy</li><li>• 25% DV calcium</li></ul> |
| 4Pc Chicken<br>Nuggets + Mott's<br>Apple Sauce +<br>Honest Kids Juice<br>Drink | 275                | 8.2                             | 500            | 0                      | <ul style="list-style-type: none"><li>• 2 servings fruit</li><li>• 70% DV vitamin C</li></ul>                        |